

# ROTARY CLUB OF DELHI WEST



## Kalindi



Newsletter

March 2025

[www.rcdelhiwest.rotaryindia.org](http://www.rcdelhiwest.rotaryindia.org)

Charter Date: February 27, 1971

Rtn. Stephanie A. Urchick  
R.I. President

Rtn. Dr. Mahesh P. Trikha  
Distt. Governor

Rtn. Rohit Seth  
Club President

### PRESIDENT RTN. ROHIT SETH'S MESSAGE



Dear Fellow Rotarians,

As we continue to serve our communities and make a positive impact, I'd like to highlight the importance of Water, Sanitation, and Hygiene (WASH) - our Rotary theme for the month of March. Access to clean water, sanitation facilities, and good hygiene practices is a fundamental human right. Yet, millions of people worldwide still lack these basic necessities, leading to the spread of diseases, poor health, and even death. As Rotarians, we have a unique opportunity to make a difference in this area. Through our projects and initiatives, we can help provide clean water, improve sanitation facilities, and promote good hygiene practices in our communities. Let's work together to create a world where everyone has access to these basic necessities. Let's make a difference, one project at a time. Thank you for your dedication and service.

### A JOURNEY TO AMRITSAR, KARTARPUR SAHIBJI & WAGAH BORDER





We, members of Rotary Club of Delhi West were fortunate to have had the opportunity to travel and experience different cultures of Punjab. On 17th March 2025, our club had the privilege of visiting two of the most revered spiritual sites: the Golden Temple in Amritsar and Kartarpur Sahib Ji.

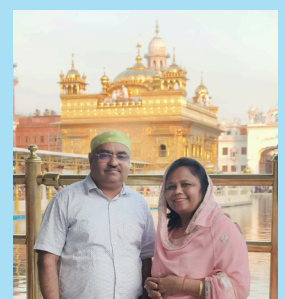
Rotary Club of Delhi West members fastened their seat belts to be welcomed by the traditional "dhol" and garlands by our dynamic and most humble President Rtn Rohit Seth and First Lady Ritu Seth at Shree Guru Ramdass Jee International Airport, Amritsar and also at Taj Swarna where we all berthed. We all felt so special by the warm welcome. We were fortunate to meet President Rtn Surinder Singh of Rotary Club of Amritsar. President Rtn Rohit Seth exchanged the Club flag with Rotary Club of Amritsar, the second oldest club of India.

In the afternoon the Club members visited The Golden Temple, also known as the Harmandir Sahib, is one of the most iconic gurudwaras in the world. Located in the heart of Amritsar, this stunning temple is a masterpiece of Sikh architecture, with its gleaming golden dome and intricate marble inlays. As we walked through the temple's sacred precincts, we were struck by the sense of peace and tranquility that pervades the entire complex. It was a divine experience. We also went to Durgaina Temple which is President Rohit Seth's ancestral temple.

The following day Club members visited Kartarpur Sahib Ji, located just a few kilometers from the India-Pakistan border, is a historic gurudwara that marks the site where Guru Nanak Dev Ji, the founder of Sikhism, spent the last years of his life. The gurudwara is situated in a picturesque village, surrounded by lush green fields and a serene atmosphere. As we visited the gurudwara, we were deeply moved by the sense of history and spirituality that surrounds this sacred site. At Kartarpur Sahib Ji, Club members were received by Rotarians of Rotary Club of Lahore MidTown, Lahore Metropolitan, Sheikhpura Aarzo and Faisalabad Central Clubs. This was organised by Indus Peace Park Society, Rotary Club of Lahore Garrison and Rotary Club of Delhi West. Flags were exchanged by our President Rtn Rohit Seth. Rotary Caps and T Shirts were given. We also did a flag exchange with **Rtn. Kamran Noorani from Rotary Club of Karachi Sunset Millennium** who travelled all the way specially to meet us. Presence of Pakistani Rotarians added an International flavour to the visit. Having prasad and lagar at the Gurudwara along with Pakistani Rotarians was a privilege.



(2)







### Savoring the Flavors of Punjab

No visit to Punjab would be complete without indulging in the region's delicious cuisine! Our club members had the pleasure of sampling some of Amritsar's famous local eateries, including:

- Bittu : This iconic dhaba has been serving up delicious Punjabi cuisine .
- \* Kanha - Another Amritsar eatary known for its mouth-watering Amritsari Chole Bature
- \* Giani's Tea Stall: This humble tea stall has been a fixture in Amritsar for decades, serving up steaming cups of chai and delicious snacks like samosas and pakoras.

Crystal, a modern restaurant , where our club had Dinner with live music, dance and singing was really vibrant. Singing by our club members PDG Rtn Ramesh Chander, First Lady Ritu Seth, R'Ane Deepali Roongta ,R'Ane Sadana Bajaj, R'Ane Rajini Bhalla made everyone dance .Rtn ArunRekha Gogia's poem was well delivered.

Surprise packet was the guitar performance and singing by Dr. Gogia.

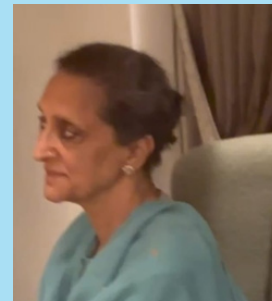
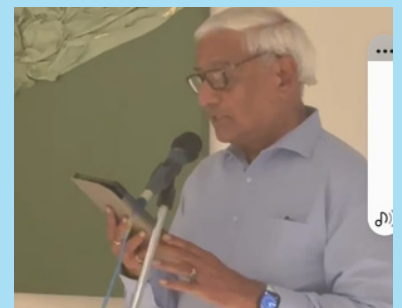
Some Club members also visited the Wagah Border to witness the Beating Retreat.

As we concluded our visit to Amritsar and Kartarpur Sahib Ji, we were filled with a sense of gratitude and wonder. These sacred sites are truly a testament to the rich spiritual heritage of Punjab, and we feel fortunate to have had the opportunity to experience them.

President Rohit Seth and First Lady Ritu Seth's dedication, efforts and detailed planning was really admirable. Joint Secretary Rtn Sarvadeep Sachdev and Trainer Rtn Rakesh Talwar stood like strong pillars to support the President , made this trip to the Spiritual Heritage of Punjab a memorable one !







*Memories remain....  
how time flies....*



## CLUB IN ACTION



Heartiest congratulations to Ecos Mobility and President Rohit Seth on this remarkable collaboration. This generous initiative of donating two fully loaded ambulances will undoubtedly make a significant impact on saving lives. Proud to witness the spirit of service and dedication through such meaningful contributions. Kudos to Rtn Deepak Bahl, Rtn Arun Roongta and Team.

Rotary Club of Delhi West is glad to share that under our Skilling program with TSSC, 53 students have successfully completed their training, passed the examination, and received their certificates. They are now employed at Dixon, one of the largest companies assembling mobile phones for Samsung.

Additionally, four more batches of 30 students each—totaling 120 students—are currently undergoing on-the-job training at MOBASE, another leading mobile phone assembly unit. These students are expected to complete their course starting April. As part of our commitment to meaningful impact, we have set a strict condition that TSSC must ensure employment for at least 50% of the qualified students.

A proud moment for the members of RCD West as we have played a key role in providing this training and equipping students with job-ready skills.

Our dedicated endeavour is truly transforming lives and creating a lasting impact and bringing meaningful results.



Kalindi Foundation of Rotary Club of Delhi West, gifted a Scholarship Cheque of Rupees Ninety Six Thousand to the 8 deserving students of Interact Club of SSMI.



Getting the Best Props Award our President Elect Rtn Arun Rekha Gogia comes back all ready from PELS( President Elects Learning Seminar) held in Jaipur to take the Presidency reigns in her hands for the coming term.A winner already !

Rotary Club of Delhi West in association with SATHI pre-launched it's much touted and a high skill imparting Course, DHA, Digital Health Assistant at Sarvarth Foundation, Sultanpuri.SATHI would bear the entire cost of the Course.Thanks to Dr. Shashi and PE Rtn Arun Rekha Gogia for sponsorship of the course which will change the lives of these children.The club also celebrated Holi with Staff and Students of Sarvarth foundation.



## CLUB IN ACTION



Rotary Club of Delhi West with CSR Funds from Innova Solutions and in association with Mother & Child Oncology Department of AIIMS organised a Cervical Cancer Vaccination Camp in the presence of PDG Rtn Ashok Kantoor, Rotarians and a galaxy of Doctors and nursing staff.



Rotary Club of Delhi West organised a Mega Health Camp at Expeditors , Cargo , IGI Airport.



Rotary Club of Delhi West organised a Health Camp with Tata Power at Sultanpuri



Rotary Club of Delhi West In association with Tata Power organised a Mobile Health Camp at Sultanpuri. 70 residents utilised the medical facilities.



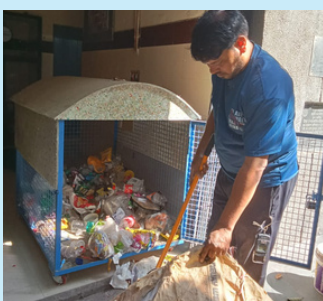
The World TB Day was observed at NITRD with various activities and Distribution of Food Baskets.



Rotary Club of Delhi West organised a Mega Health Camp with Mammography at Naraina.



Rotary Club of Delhi West and Rotaract Club of Genesis organised a Mega Health Camp and Thalassemia Screening at Dwarka International School on Parent Teacher Meet.



Sarvarth Foundation of Rotary Club of Delhi West handed over 14 kg Plastic Waste for Recycling as a Plastic Warrior.

Rtn Sunil Anand member of Rotary Club of Delhi West donated Rupees 1 lac to Cure India for Treatment of Club Foot of 50 Disabled and underprivileged children.

## CLUB IN ACTION



Rotary Club of Delhi West In association with Tata Power organised a Mobile Health Camp at Sultanpuri Slums. 46 residents benefited from this camp.



Rotaract Club Of Laxmibai College with support from Rotary Club of Delhi West organised a Blood Donation Camp at Rajori Garden.



Rotary Club of Delhi West In association with Amerix Hospital, a Cancer Speciality Hospital, organised a Cancer Awareness and Detection Camp with Mammography at Dwarka.



Rotary Club of Delhi West In association with Tata Power Organised a Mobile Health Camp with free blood tests at Sultanpuri Slums. 107 Residents availed of the facilities.



2 state of the art, fully loaded Ambulances were gifted to AIIMS by Ecos Mobility with support from Rotary foundation India and Rotary Club of Delhi West at a Ceremony in AIIMS. Ambulances have been handed over to AIIMS on 29th March. We are grateful to Rtn. Jaspal Chhabra for his magnanimous gesture in donating 1 fully equipped Bar lights with sound amplifying systems for the ambulances.



### SUN'S CYBER CORNER - By Sunil Sadasivan (Cyber Security Expert & Resource Person)

#### Is Hacking possible by pressing 9??:

At least a dozen posts I have been through in the last 2-3 months, claiming that pressing the number 9 during a call could result a Phone Hacking. Is there any truth to this assertion? In a Technical sense, the answer is "No." However, ....such scenarios can certainly pose a risk that may lead to Cyber Fraud. Here is an explanation of how this occurs. Scammers often utilize Interactive Voice Response Systems (IVRS) to contact individuals through pre-recorded messages. Below are few cases I have encountered, (Please note, each concluding with the phrase,

"Press 9 to talk to the concerned Officer"). "This is the telecom department. Regarding Blocking all Mobile Numbers registered under your name after Two Hours" "Calling from FedEx. There is an illegal shipment on your name confiscated by the law agencies. The parcel carries Drugs" "Your Aadhar number is used to procure SIM used for Terrorist activities" "Your Bank Account is used for Terrorist Funding. RBI has blacklisted your Bank Account"

In these cases, fraudsters reveal victims' personal details, luring them to press keys on their phones by pretending to be officials to steal money or data. Beware: dialing 9 on calls won't hack your phone but may lead to cyber fraud. As per an official report, DoT's Fraud Detection Network blocks 1.35 Crore fraudulent calls daily.

BE ALERT....BE SAFE....BE A CYBER LITERATE....!!



# ROTARY CLUB OF DELHI WEST

Rotary  
District 3011



# Kalindi



## BIRTHDAYS

8th Mar- PDG Damanjit Singh  
11th Mar - R'Anne Ritika Dayal  
23rd Mar- R'Anne Parul Garg  
23rd Mar- R'Anne Rajshri  
26th Mar- Rtn. BB Sawhney  
27th Mar- R'Anne Pranami Tamuly

*Congratulations!*



## ANNIVERSARIES

7th Mar- Ashok K Garg & Parul  
11th Mar- Rtn. Gagan Kumar & Meenakshi  
20th Mar- Rtn. Anil Tayal & Alka  
26th Mar- Rtn. Rakesh Talwar & Sangeeta  
30th Mar- Rtn. Arun Bajaj & Sadhna

## UPCOMING MAJOR EVENTS

### DISTRIBUTION OF FOOT ABDUCTION BRACES

Date: **10th April 2025**  
Time: 11.30 am Onwards  
Venue: Safdurjang Hospital, Entry from gate no. 2, Orthopaedic OPD

Shikherjee Foundation,  
Rotary Club of Delhi Rendezvous  
&  
Rotary Club of Delhi West  
organise

### A HEALTH CAMP

11th April 2025,  
10 AM onwards  
📍 Bhagwan Mahavir Digambar Jain Mandir, Bhogal

### Baisakhi Celebration



### FLAG OFF

**15th April 2025**  
2 fully loaded Ambulances  
Donated by ECOS MOBILITY

## THE BOARD

**Rtn. Rohit Seth**  
President

**Rtn. Chirag Dayal**  
Imm. Past President

**Rtn. Arun Rekha Gogia**  
V. Pres./President Elect

**Rtn. Rakesh Talwar**  
Club Learning Facilitator  
Director-Skilling to Employment

**Rtn. Gurbir S. Khara**  
Hony. Secretary

**Rtn. Sarvadeep Sachdev**  
Jt. Secretary

**Rtn. Gagan Kumar**  
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**Rtn. Bidyut Tamuly**  
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New Generations Services

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**Ramesh Chander**

**PDG Rtn.**  
**Damanjit Singh**

**PDG Rtn.**  
**Ashok Kantoor**

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International Service

**Rtn. Deepak Bahl**  
CSR

**Rtn. Vishesh Mathur**  
Club Services

**Rtn. Anil Tayal**  
Community Service

**Rtn. Arun Roongta**  
Vocational Service

**Rtn. Ajay Kumar Gupta**  
The Rotary Foundation

**Rtn. Pradeep Agarwal**  
Environment

EDITORIAL TEAM  
2024-25



PP Rtn. Rakesh Talwar  
Advisor



PP Rtn. Manoj Srivastava  
Editor



R'Anne Charu Srivastava  
Editor



# **FLAG OFF**

**15th April 2025**

**2 fully loaded Ambulances  
Donated by ECOS MOBILITY**